



NEW JERSEY DEPARTMENT OF MILITARY AND VETERANS AFFAIRS
JOINT FORCE HEADQUARTERS
3650 SAYLORS POND ROAD
FORT DIX, NEW JERSEY 08640-5606

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AGR PROCEDURES FOR ADMINISTERING THE APFT

1. References:

- a. AR 135-18, The Active Guard Reserve (AGR) Program
- b. AR 350-1, Section V, Army Training Programs
- c. AR 600-8-2, Suspension of Favorable Personnel Actions (Flags)
- d. NGR (AR) 600-5, The Active Guard/Reserve Program
- e. Army Bulletin #32, AGR Procedures for Administering Failure of the APFT, dated 22 May 2003, is superseded.

2. The procedures prescribed within this policy will be adhered to when administering the APFT for AGR soldiers. AR 350-1, Section V, para 1-21d(2) states *The Active Army, Active Guard/Reserve (AGR), and USAR Troop Program (TPU) soldiers will take the APFT at least twice each calendar year....* Therefore, all AGR soldiers are required to take the APFT twice per year on the day The Adjutant General schedules the AGR APFT. All AGR soldiers are required to take this APFT for record and this APFT only. The Chief of Staff, NJARNG is the only person who can excuse a soldier from a record APFT or schedule a make-up APFT.

3. *AGR soldiers who fail a record APFT for the first time or fail to take the APFT within the required period will be flagged according to AR 600-8-2(AR 350-1, Section V, para 1-21(5)).* This is a command responsibility. **The DA Form 268 (flagging action) will be forwarded to The Adjutant General, ATTN: AC of S, J-1 (AGR Branch NCOIC), NLT 30 days after the date of the APFT failure.** *Special conditioning programs are appropriate for soldiers who have difficulty meeting unit goals or Army standards. Such programs will not be punitive in nature... (AR 350-1, para 4-9 (4))...Master fitness trainers will be tasked by the commander to develop special programs and monitor soldiers with special fitness requirements....* Commanders and their full time support supervisors will ensure soldiers who fail the record APFT are flagged, counseled and receive assistance resulting in a special (remedial) PT program from a qualified Master Fitness Trainer. This counseling should be accomplished as soon as possible after failing the APFT.

4. *Soldiers without medical profiles who repeatedly fail the APFT, will be either barred from re-enlistment or processed for separation from the service...A repetitive failure occurs when a record test is taken and failed, the soldier is provided adequate time and assistance to improve his or her performance, and failure occurs again...(AR 350-1, para 4-9c(2)).* Therefore, at a minimum, AGR soldiers who fail two consecutive APFTs will be processed for release from active duty (REFRAD) IAW NGR (AR) 600-5, para 6-5(c)(6). **Recommendation for REFRAD will be forwarded, through command channels, to The Adjutant General, ATTN: ACofS, J-1 not later than 45 days after the date of the second consecutive APFT failure.**

5. It is the responsibility of the soldier to comply with and maintain personal medical, physical fitness and weight standards during their entire duration of service. Soldiers who display, over time, the inability to consistently pass the APFT will also be processed for involuntary separation from the AGR program IAW NGR (AR) 600-5, para 6-5c(6): *Failure to attain and maintain medical, physical fitness, and weight standards...* A pattern of failure will consist of at least two APFT failures within 12 months of each other, without considering excusals or profile. For example, a soldier who fails the APFT in October, then is on profile, takes the APFT the following April and passes, then fails again the next October is displaying a pattern of failure.
6. Commanders and/or their full time support supervisors will consult the TAG's Legal Advisor in all cases of soldiers who are required to be processed for REFRAD or separation from the service.
7. Point of contact is CW4 Randy Niedt at commercial (609) 562-0882.

OFFICIAL:



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